



# Alcohol, Tobacco, and Other Drug Possession, Use and Abuse Penalties Policy

*The statewide policy every athlete and athlete's parents should know*

Participation in high school athletics is a **privilege, not a right**, and underage drinking and use of controlled substances is against the law.

[www.niaa.com](http://www.niaa.com)

## THE PENALTIES - KNOW THEM

### FREQUENTLY ASKED QUESTIONS

#### How is an investigation handled?

All investigations and penalty enforcements are conducted by the school and/or district with support through the NIAA office. There is no interrogation of the student, but a question and answer session related to the reported incident.

#### When does the 14-day suspension begin?

The suspension begins with the first scheduled competition after the suspension occurs and includes Saturdays and Sundays.

#### Is there an appeal process?

All appeals related to the investigation are handled by the principal of the school the student attends.

### 1st Violation

A six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. *Four (4) competitive weeks of the suspension of eligibility may be waived* if a student successfully completes all components of the appropriate substance abuse intervention program. The student may practice with the team during the period of suspension if approved by the coach and principal.

### 2nd Violation

The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the following requirements:

- A. A substance abuse evaluation assessment within ten (10) school days following the suspension, with all recommendations satisfactorily met before eligibility may be reinstated.

### 3rd Violation

The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.

The same things that makes these athletes excel - a certain amount of risk-taking - may be the same things that increase their vulnerability to substance use.

- Dr. Shashank Joshi  
Stanford University

This regulation takes effect once the student begins participation as an athlete in high school. This policy remains in effect for every calendar school year during the course of the student's high school career and when the student is directly involved in a school activity occurring at any time (summer leagues, camps, etc.) This policy remains in effect regardless of whether the student is currently participating on a high school athletic team.

## NEVADA LAW - KNOW IT

NRS 202.020: Purchase, consumption or possession of alcoholic beverage by minor.

1. Any person under 21 years of age who purchases any alcoholic beverage or any such person who consumes any alcoholic beverage in any saloon, resort or premises where spirituous, malt or fermented liquors or wines are sold is guilty of a misdemeanor.
2. Any person under 21 years of age who, for any reason, possesses any alcoholic beverage in public is guilty of a misdemeanor.
3. This section does not preclude a local government entity from enacting by ordinance an additional or broader restriction.
4. For the purpose of this section, possession "in public" includes possession a) on any street or highway; b) in any place open to the public; and c) in any private business establishment which is in effect open to the public.

**One time drunk =  
14 days lost training  
(American Athletic Institute)**



**Train for two weeks and then throw it all away...**